

2005 Colonies Zone Short Course Meters Championship and New England Masters Workout Group Challenge

December 2-4, 2005: Wheaton College, Norton MA

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 036-013-SSCM

Maximum of five individual events per day, plus relays: ENTER METERS SEED TIMES

Print seed times clearly! Use a colon between minutes and seconds A seed time must be recorded for each event entered				
Evt. No.	Entry Time Women	*enter meters seed times* Event	Entry Time Men	Evt. No.
Friday 12/2, 5:00 p.m. warm up, 5:30 p.m. start				
1		800 Meter Freestyle		2
20:00 cutoff for 800 free, see information sheet				
Saturday 12/3, 8:00 a.m. warm up, 9:00 a.m. start				
3		100 Meter Individual Medley		4
5		50 Meter Butterfly		6
--	see below	400 Meter Free: MEN		8
9		200 Meter Breaststroke		10
11		50 Meter Freestyle		12
13,15	deck entry	200 Meter Medley Relay	deck entry	14,15
17		200 Meter Backstroke		18
19		100 Meter Butterfly		20
21		400 Meter Individual Medley		22
23,25	deck entry	400 Meter Freestyle Relay	deck entry	24,25
Sunday 12/4, 8:00 a.m. warm up, 9:00 a.m. start				
27		100 Meter Freestyle		28
29		200 Meter Individual Medley		30
31		100 Meter Breaststroke		32
33		400 Meter Free: WOMEN	see above	--
35		50 Meter Backstroke		36
37,39	deck entry	200 Meter Freestyle Relay	deck entry	38,39
41		200 Meter Butterfly		42
43		50 Breaststroke		44
45		200 Meter Freestyle		46
47		100 Meter Backstroke		48
49,51	deck entry	400 Meter Medley Relay	deck entry	50,51
53,55	deck entry	800 Meter Freestyle Relay	deck entry	54,55

Name _____ Gender: M F	
Emergency Contact Name & Phone _____	
Age on 12/31/05 _____ DOB _____ Phone _____	
E-Mail _____	
Address _____	
2005 or 2006 USMS# _____	
[] New England Masters-Workout Group: _____	
[] Great Bay Masters [] Maine Masters [] Vermont Masters	
The above clubs are members of the NELMSC; swimmers must be USMS registered but do not need to attach USMS card copy.	
[] Other Club name: _____ LMSC _____	
Members of clubs outside the New England LMSC must attach a copy of your USMS card.	
ALL INFORMATION ON THIS FORM IS MANDATORY FOR AN OFFICIAL ENTRY.	
SWIMMERS WITH INCOMPLETE OR INCORRECT FORMS WILL BE PLACED ON THE MEET WEB PAGE PROBLEMS LIST AND ASSESSED A \$5 PROCESSING FEE.	
COMMON PROBLEMS: MISSED SIGNATURE; UNDERPAYMENT; USMS NUMBER PENDING; NON-NELMSC SWIMMERS WITHOUT A USMS CARD COPY.	
All problems must be resolved, and fees collected, by 11/30, or entry will be rejected.	

Meet web site: <http://www.greatbaymasters.org/05scmchamp.php>
Web site features meet information, updates, problem entry list, psych sheets, timelines, frequently asked questions.

Meet entry fee	= \$18.00	Mail To:
# individual events ___ X \$5.00	= \$ _____	Colonies Zone SCM Championship
Total payable to Great Bay Masters:	= \$ _____	PO Box 1866
		Dover, NH 03821

ENTRY DEADLINE: Entries must be postmarked by Wednesday November 16 or received by Saturday November 19	LATE ENTRIES: If you miss the entry deadline you may submit an entry form that must be received no later than 6 p.m. Saturday November 26, with an additional \$18 penalty.
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I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

DATE _____ SIGNATURE _____